

Patricia Burrows

Nominated for Co-Captain

I grew up in southern Manitoba and pursued a career in academic medicine as a pediatric interventional radiologist, specializing in the treatment of vascular anomalies. I started my career in Toronto and was recruited to Boston Children's Hospital in 1992, to start and run a new Division of Interventional Radiology. I also co-founded and co-directed the Center for Vascular Anomalies. Patient care and teaching, locally and abroad, were my main responsibilities, and I published clinical research papers and reviews and co-authored a major textbook. I was division or section head for 25 years and served in leadership positions in various medical societies, including President of the International Society for the Study of Vascular Anomalies. I met my husband, Jay Ostema, in Boston. I am a lifelong gardener and enjoy making pottery. I retired in 2018 and moved to Saint Petersburg.



I learned to sail at Community Boating on the Charles River in 1981, while in Boston for a fellowship, and continued to sail casually until I left Boston in 2006. I joined Salty Sisters in 2020 [Nauti8 Gone Viral] and have participated regularly in Wednesday sailing, constantly trying to improve my sailing skills. Last year I practiced in our club Sunfish and even signed up for three FWSA regattas. In addition, I sail as many SPYC and SPSA races as possible in J 70s with other Salty Sisters.

Within Salty Sisters, I have served as Scribe, Scribe Leader, Newsletter Committee member (fill-in editor), member of the Social Committee, Director, and FWSA 2nd and 1st Delegate. As 2nd Delegate, I organized volunteers for our Interclub Holiday Regatta in 2024, and last year I ran the Nauti or Nice Regatta. Neither event actually had any sailboat racing because of the weather. In 2025, I was honored to receive the Optimist Award.

How to describe what Salty Sisters means to me! Before joining this organization, I staunchly avoided "women's groups". I was a member of five other yacht clubs but never got involved beyond sailing and banquets. Salty Sisters has completely changed my perspective on what an organization can mean to its members. On the water, we compete and strive for excellence, learning and personal improvement. But camaraderie, interpersonal support and organized fun are even more important. In accepting the nomination to Co-Captain, I hope to "give back" to the membership by providing a fun year of Wednesday morning sailing, and I look forward to interacting with many amazing women.